

Psalm 40:1-3

TO THE CHOIRMASTER. A PSALM OF DAVID

I waited patiently for the LORD;
he inclined to me and heard my cry.
He drew me up from the pit of destruction,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.

He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the LORD.

Jeremiah 38:6

So they took Jeremiah and cast him
into the cistern of Malchiah, the king's son,
which was in the court of the guard,
letting Jeremiah down by ropes.

And there was no water in the cistern,
but only mud,
and Jeremiah sank in the mud.

Psalm 69:1-2

Save me, O God, for the waters
have come up to my neck.

I sink in the miry depths,
where there is no foothold.

I have come into the deep waters;
the floods engulf me.

Psalm 69:1-2

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Psalm 88:6-7

You have put me in the depths of the pit,
in the regions dark and deep.

Your wrath lies heavy upon me,
and you overwhelm me with all your waves.

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John 16:33

“I have said these things to you,
that in me you may have peace.
In the world you will have tribulation.
But take heart; I have overcome the world.”

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James 1:2-3

Count is all joy, my brothers,
when you meet trials of various kinds,
for you know that the testing of your faith
produces steadfastness.

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Psalm 46:10

Be still, and know that I am God!

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1 Peter 4:12-13

Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed.

1. David waited patiently.

So you too:

Wait patiently for the Lord!

Psalm 40:1-3

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1 Peter 5:8-10

Be sober-minded; be watchful.
Your adversary the devil prowls around
like a roaring lion, seeking someone to devour.
Resist him, firm in your faith,
knowing that the same kinds of suffering
are being experienced by your brotherhood
throughout the world.

1. David waited patiently.
2. God heard David and delivered him.

1 Peter 5:8-10

And after you have suffered a little while,
the God of all grace, who has called you
to his eternal glory in Christ,
will himself restore, confirm,
strengthen, and establish you.

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C.S. Lewis

“I think we delight to praise what we enjoy because the praise not merely expresses but completes the enjoyment; it is its appointed consummation.”

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C.S. Lewis

“It is not out of compliment that lovers keep on telling one another how beautiful they are; the delight is incomplete till it is expressed.”

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C.S. Lewis

“It is frustrating to have discovered a new author and not to be able to tell anyone how good he is; to come suddenly, at the turn of the road, upon some mountain valley of unexpected grandeur and then to have to keep silent because the people with you care for it no more than for a tin can in the ditch; to hear a good joke and find no one to share it with.”

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2. God heard David and delivered him.
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C.S. Lewis

“The Scotch catechism says that man’s chief end is ‘to glorify God and enjoy Him forever.’

But we shall then know that these are the same thing.

Fully to enjoy is to glorify.

In commanding us to glorify Him,
God is inviting us to enjoy Him.”

1. David waited patiently.
2. God heard David and delivered him.
3. God gave David a new song.
4. David's praise is a witness for others.

Psalm 40:4-5

Blessed is the man
who makes the LORD his trust,
who does not turn to the proud,
to those who go astray after a lie!

You have multiplied, O LORD my God,
your wondrous deeds and your thoughts toward us;
none can compare with you!
I will proclaim and tell of them,
yet they are more than can be told.

Psalm 40:6-8

Sacrifice and offering you have not desired,
but you have given me an open ear.
Burnt offering and sin offering
you have not required.

Then I said, “Behold, I have come;
in the scroll of the book it is written of me:
I desire to do your will, O my God;
your law is within my heart.”

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Mine ears thou hast opened (KJV)
My ears you have pierced (NIV)

Psalm 40:9-10

I have told the glad news of deliverance
in the great congregation;
behold, I have not restrained my lips,
as you know, O LORD.

I have not hidden your deliverance
within my heart;
I have spoken of your faithfulness
and your salvation;
I have not concealed
your steadfast love and your faithfulness
from the great congregation.

Psalm 40:11-13

As for you, O LORD,
you will not restrain your mercy from me;
your steadfast love and your faithfulness
will ever preserve me!

For evils have encompassed me beyond number;
my iniquities have overtaken me,
and I cannot see;
they are more than the hairs of my head;
my heart fails me.

Be pleased, O LORD, to deliver me!
O LORD, make haste to help me!

Psalm 40:14-16

Let those be put to shame
and disappointed altogether
who seek to snatch away my life;
let those be turned back and brought to dishonor
who desire my hurt!

Let those be appalled because of their shame
who say to me, “Aha, Aha!”

But may all who seek you rejoice
and be glad in you;
may those who love your salvation
say continually, “Great is the LORD!”

Psalm 40:17

As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer.
Do not delay, O my God!

Proverbs 31:25

She shall rejoice in the time to come.

Malachi 4:2

But for you who revere my name,
the sun of righteousness will rise
with healing in its wings.

And you will go out and leap
like calves released from the stall.